



## *Health Education Department Newsletter*

### *The Heroes of Professor Lowe's Nursing Assistant I Class...*



Professor Michelle Lowe is an adjunct instructor at Forsyth Tech's Dorothy L. Lougee, Nursing Assistant I Program. This past

summer her students were put to the test when they witnessed a motor vehicle accident while attending clinicals at Kerner Ridge Assisted Living, a partner healthcare facility, in Kernersville, North Carolina.

Those who witnessed the accident were compelled to help and luckily for the victims they were in good hands. According to Sonya Westmoreland, a Nursing Assistant (NA) I student, "it happened so fast. I yelled to my classmates to hurry. We immediately noticed the airbags deployed on both cars. We split up and all played different roles to help comfort and support the victims." Crystal Gomez, another NAI student, immediately contacted 911 and provided a

### *Our Programs...*

Courses offered through the Health Education Department of Forsyth Tech include the following:

- Activity Director
- Autism Paraprofessional
- Medication Aide
- Nursing Assistant I
- Nursing Assistant I Refresher
- Nursing Assistant II
- Nursing Assistant II Refresher
- Phlebotomy
- Telemetry Cardiovascular Technician

For more information about our programs you may contact (336) 734-7734.



October is **Breast Cancer Awareness Month**. Get a free ribbon and show your support! Visit the Health Education Department in West Campus, Office Suite 32,

detailed description of what had transpired and explained how the two passengers were experiencing chest pains.

The swift action taken by the students made all the difference. Morgan McCaskill, a classmate of Sonya and Crystal, mentioned that two students went to help one of the victims "who was showing signs of a heart attack" and comforted his wife. Morgan and another student were with the other victim "assisting a woman who was also showing signs of a heart attack" who also had extensive "cuts and burns on her arm from the accident."

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# Upcoming Classes...

## Health Education Program<sup>1</sup>

2018 Fall - 2019 Spring Semesters

### ***Nursing Assistant I - West Campus***

November 28, 2018-February 14, 2019

Mondays - Fridays, 9:00am-3:30pm

Clinical Location: Arbor Acres

#126173

January 14, 2019 – April 23, 2019

Mondays, Tuesdays, Thursdays,

5:00pm – 9:00pm

Clinical Location: Trinity Elms

#126563

### ***Nursing Assistant I—Mazie Woodruff Center, Winston Salem:***

November 6, 2018 – January 24, 2019

Tuesdays - Thursdays, 9:00am-3:30pm

Clinical Location: Kerner Ridge Assisted Living

#128068

### ***Nursing Assistant I - Northwest Forsyth Center***

January 7, 2019 – March 13, 2019

Mondays, Tuesdays, Wednesdays, 8:00am-2:30pm

Clinical Location: Oak Forest Rehab Center

#127938

### ***Nursing Assistant I - Grady P Swisher Center, Kernersville, NC***

November 5, 2018 – February 5, 2019

Mondays - Thursdays, 9:30am-1:45pm

Clinical Location: Kerner Ridge Assisted Living

#126089

February 5, 2019 – May 9, 2019

Mondays - Thursdays, 9:30am-1:45pm

Clinical Location: Kerner Ridge Assisted Living

#125787 (Hybrid)

February 25, 2019 – May 13, 2019

Mondays - Thursdays, 9:30am-1:45pm

Clinical Location: Salemtowne

#126090

**Reminder...**

Students must complete all class modules and assignments prior to attending clinicals.

Please make sure to reference the skills and make-up lab schedules to ensure all mandated coursework is completed in a timely manner.

Students who do not fulfill attendance requirements prior to clinicals will not be allowed to proceed in the program. For more information contact (336) 734-7725.

### ***Brenner Scholarship...***

To be eligible for this scholarship students must be:

1. Enrolled in a Nursing Assistant Class
2. Reside in the state of North Carolina
3. Demonstrate financial need

For more information call (336) 734-7725.

<sup>1</sup> Visit [www.forsythtech.edu](http://www.forsythtech.edu) for more information about pre-requisites, cost, and course details.



## Important Resources...

### Academic and Career Support Suggestions for Students

*We recommend you visit...*

[www.CareerOneStop.org](http://www.CareerOneStop.org)



CareerOneStop provides an integrative platform for jobseekers to review labor market data, explore various professions, look-up salary-related information, as well as resources for resume development and interview preparation. CareerOneStop offers links to a wide-array of resources and tools to help you become a more prepared and informed jobseeker.<sup>1</sup>

[www.myskillsmyfuture.org](http://www.myskillsmyfuture.org)



“USAJOBS.gov is a free web-based job board enabling federal job seekers access to thousands of job opportunities across hundreds of federal agencies and organizations. Setting up a USAJOBS® account simply requires an email to sign up. Registered users can build a resume or upload a resume in a compatible format for submission across most Federal Agencies.”<sup>1</sup>

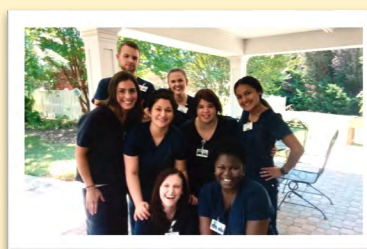
<sup>1</sup> CareerOneStop and mySkills myFuture are sites sponsored by the U.S. Department of Labor.

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According to Sonya Westmoreland and Latoshia Moore the experience “allowed us to use our critical thinking skills.” Westmoreland went on to state “the skills I obtained from the Nursing Assistant I class allowed me to assist the victims with ease and I felt confident in my role as a support to the victims.” Morgan McCaskill recalls holding one of the victim’s hands until EMS arrived. According to McCaskill “I think my classmates and I learned a lot from the accident

and gained vital experience to help us in our future.” According to Gomez, “this experience shook our nerves but I was very impressed at how



everyone handled the situation.”

To the heroes of Professor Michelle Lowe’s class, thank you for your service!

The Dorothy L. Lougee, Nursing Assistant I Program joins the rest of the Forsyth Tech community in congratulating you all on a job well done! You inspire us all to continue educating with passion and purpose.



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## Class Attendance Policy...

Class activities include discussion, lab, demonstration, and practice. When a student is absent valuable learning and experience are missed. The student is responsible for the course content taught during the absence.

The NC Division of Health Service Regulation mandates all hours missed be made up in content and as arranged by the instructor. Make-up does not change or remove the record of the absence. A student may be withdrawn from the course when the student exceeds 2 absences (on the third absence.)

## NC Live...

When you can't make it to the library, your next best step is NC Live with over 90 databases of resources, books and periodicals. Visit [www.nclive.org](http://www.nclive.org), specify *Forsyth Tech* from the pull-down menu, and when prompted enter the password for the 2018-2019 academic year, which is **examjack**.

## Upcoming Information Sessions...

### Nursing Assistant I Program

Date	9:00AM - 12:00PM	5:00PM-8:00PM	Location
November 6	Room 36	Room 36	West Campus
November 15	N/A	Room 138	Northwest Forsyth Ctr.
November 16	Room 138	N/A	Northwest Forsyth Ctr.
December 4	Room 36	Room 36	West Campus
December 13	N/A	Room 138	Northwest Forsyth Ctr.
December 14	Room 138	N/A	Northwest Forsyth Ctr.
January 8	Room 36	Room 36	West Campus
January 24	N/A	Room 138	Northwest Forsyth Ctr.
January 25	Room 138	N/A	Northwest Forsyth Ctr.

